



# DIVINE PHOENIX RISING

with Julie Paulston

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Julie Paulston is a speaker, transformational life coach, and podcast host who brings humor, passion, and compassion, in her journey to help women rise from the ashes of their lives to rediscover their Divine inner phoenix and their reclaim purpose and power.

Having over 30 years in recovery, she brings multiple personal experiences and strategies to rediscover who you were before the world told you who you should be. The last year has been pivotal in her journey to rediscovering her own purpose and her passion which she uses to serve others.

She is a contributing author for Women's Wealth and Wellness Network and has appeared on Ladies of Light Summit with Melonie Kolton and Ask the Expert with Leticia Johnson.

She has her own podcast called Be the Phoenix of Your Own Life where she tackles relevant and difficult subjects with no filter, no judgement and complete compassion.

She is a proud mom of 3 grown children and 3 grandchildren. She resides in Pensacola, Florida and loves nothing more than chasing the sunrise over the Gulf and sharing her experience, strength and hope with others.

Listen to my podcast on Apple: <https://apple.co/3G4Dqio>